

Background/Purpose

- Reduce anxiety concerning clinical preparation.
- Decrease stress due to short deadline for clinical paperwork.
- Increased time management skills.
- Overall confidence in the clinical setting.



Pre-briefing

- Students are given clinical assignments via email from instructor the day prior to clinical.
- Given room number/initials along with admitting diagnosis.

De-Briefing

- Student survey at the end of clinical semester.
- Discussion of the importance of ever-changing real-life nursing assignments.

Clinical Paperwork

- Complete pathophysiology sheet night prior to clinical.
- No paperwork due to instructor at the start of clinical.
- Students are given ample time to research patient in the EHR during clinical day.
- Discussion of concept map planning during post conference.
- All clinical paperwork due the following week in clinical.



Student Survey Questions

- How prepared did you feel only knowing the pathophysiology of your patient?
- Rate how your overall anxiety decreased by not having to preplan/complete paperwork prior to clinical?
- How prepared did you feel to administer medications after not pre-planning?
- How prepared did you feel completing patient care after not pre-planning?
- How do you feel this experience improved your overall clinical confidence?
- How did this clinical experience compare to those that required you to preplan the night prior to clinical?

Conclusions

- Decreased anxiety around clinical.
- Decreased stress due to extended paperwork deadline.
- Increased time management and critical thinking skills.
- Overall confidence in the clinical setting going into clinical without preparation as a real nurse would do.

References

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