

Metacognition Activity: Test Question Analysis

Phase of Cognitive behavior	Questions to ask yourself	Answers to the questions
Select a focus	What is the question asking?	
Gather information	What information do I already know? What additional information do I need to know?	
Brainstorm solutions	What are possible answers to the question?	
Evaluate the chosen solutions	Does the possible answer(s) make sense?	
Plan and Act	Decide on the best answer	
Reflect	Did I answer correctly? Did I answer correctly for the right reasons? What information did I really know? What information is not clear and requires more remediation?	

Concepts requiring remediation to improve my understanding:

